

Altrum Silver

From Vitamin A to Zinc

Prescribing Information

DESCRIPTION: Altrum Silver is a special formulation comprising of important Vitamins and Minerals.

Each film-coated tablet contains:

Vitamin A	5000 IU
Vitamin C	60 mg
Vitamin D	400 mg
Vitamin E	45 IU
Vitamin K	10 mcg
Thaimine	1.5 mg
Riboflavin	1.7 mg
Pyridoxine Hydrochloride	3 mg
Vitamin B12	25 mcg
Niacin	20 mg
Folic acid	400 mcg
Biotin	30 mcg
Pantothenic acid	10 mg
Calcium	200 mg
Phosphorus	48 mg
Iodine	150 mcg
Magnesium	100 mg
Zinc	15 mg
Selenium	20 mcg
Copper	2 mg
Manganese	2mg
Chromium	150 mcg
Molybdenum	75 mcg
Chloride	72 mg
Potassium	80 mg
Boron	150 mcg
Nickel	5 mcg
Silicon	2mg
Vanadium	10 mcg
Lutein	250 mcg

INDICATIONS: Altrum Silver is a comprehensive multiple vitamin and mineral supplement specially formulated for the prevention and treatment of vitamin and mineral deficiencies for adults over 45 years of age. It is indicated for improving the nutritional status of elderly patients. **DOSAGE AND ADMINISTRATION:** One tablet once daily with food or as indicated by the physician.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients. **SIDE EFFECTS:** Allergic sensitization has been reported following oral administration of folic acid. **PRECAUTIONS:** Excess vitamin A intake may be toxic and increase the risk of birth defects.

Pregnant women and women who may become pregnant should not exceed 5000 IU total per day of preformed vitamin A (Retinyl palmitate). Folic acid alone is improper therapy in the treatment of pernicious anaemia and other megaloblastic anaemia where Vitamin B12 is deficient. **DRUG INTERACTIONS:** No such drug interactions have been reported. **USE IN PREGNANCY AND LACTATION:** Recommended. **STORAGE:** Tablets should be stored below 25°C and protected from light & moisture.

COMMERCIAL PACK: Each plastic bottle contains 15/30 tablets. Each tablet contains multivitamins and minerals.

*Registered Trade Mark

Manufactured By:

ZISKA Ziska Pharmaceuticals Ltd.
P H A R M A Kaliakoir, Gazipur, Bangladesh.